

# Choco. Chip Cookie Sundae

One (1) – 12 oz. serving

## NUTRITIONAL INFORMATION

Per Serving / 12 oz.

**Calories** 1110    **Calories from Fat** 400

	<b>Amount</b>	<b>% Daily Value</b>
<b>Total Fat</b>	44g	68%
<b>Saturated Fat</b>	21g	107%
Trans Fat	2.5g	
Polyunsaturated Fat	0.5g	
Monounsaturated Fat	3g	
<b>Cholesterol</b>	90mg	30%
<b>Sodium</b>	1090mg	45%
<b>Total Carbohydrate</b>	168g	56%
Dietary Fiber	2g	56%
Sugars	125g	
<b>Protein</b>	13g	26%
<b>Vitamin A</b>		25%
<b>Vitamin C</b>		15%
<b>Calcium</b>		15%
<b>Iron</b>		10%

*\*Percent Daily Values are based on a 2,000 calorie diet*

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<b>Ingredients (per menu item)</b>	<b>Cal</b>	<b>Fat</b>	<b>Carbs</b>
3-1/2 oz. Vanilla Ice Cream	205.4	10.9g	23.4g
1/2 oz. Strawberry (half)	4.5	0.0g	1.1g
5 oz. Chocolate Chip Cookie	620.3	30.7g	78.9g
1 oz. Dark Chocolate Sauce	100.0	1.0g	23.0g
1 oz. White Chocolate Sauce	80.0	0.7g	18.2g
1 oz. Milk Chocolate Sauce	100.0	1.0g	23.0g

**S A U L G O O D**

*Restaurant & Pub*