

Dark Chocolate Fondue

Four (4) – 6-3/4 oz. servings (total menu item: 27 oz.)

NUTRITIONAL INFORMATION

Per Serving / 6-3/4 oz.

Calories 560 **Calories from Fat** 230

	Amount	% Daily Value
Total Fat	26g	40%
Saturated Fat	15g	73%
Trans Fat	0g	
Polyunsaturated Fat	2g	
Monounsaturated Fat	4g	
Cholesterol	65mg	21%
Sodium	790mg	33%
Total Carbohydrate	75g	25%
Dietary Fiber	5g	20%
Sugars	23g	
Protein	7g	14%
Vitamin A		15%
Vitamin C		30%
Calcium		6%
Iron		15%

**Percent Daily Values are based on a 2,000 calorie diet*

Ingredients (per menu item)	Cal	Fat	Carbs
5 oz. Banana	30.9	0.0g	8.4g
3 oz. Strawberry	7.2	0.0g	1.6g
3 oz. Pretzel Rods	83.5	0.8g	16.7g
4 oz. Rice Crispie Treats	117.4	2.6g	22.8g
4 oz. Waffle	66.4	2.9g	8.4g
8 oz. Dark Chocolate	251.2	19.8g	17.5g

S A U L G O O D

Restaurant & Pub