

# Tuna Salad Sandwich

One (1) – 17 oz. serving

## NUTRITIONAL INFORMATION

Per Serving / 17 oz.

**Calories** 890    **Calories from Fat** 440

	<b>Amount</b>	<b>% Daily Value</b>
<b>Total Fat</b>	48g	75%
<b>Saturated Fat</b>	17g	87%
Trans Fat	0g	
Polyunsaturated Fat	9g	
Monounsaturated Fat	6g	
<b>Cholesterol</b>	120mg	40%
<b>Sodium</b>	2090mg	87%
<b>Total Carbohydrate</b>	59g	20%
Dietary Fiber	7g	28%
Sugars	8g	
<b>Protein</b>	66g	131%
<b>Vitamin A</b>		60%
<b>Vitamin C</b>		20%
<b>Calcium</b>		90%
<b>Iron</b>		20%

*\*Percent Daily Values are based on a 2,000 calorie diet*

---

<b>Ingredients (per menu item)</b>	<b>Cal</b>	<b>Fat</b>	<b>Carbs</b>
1-1/2 oz. Tomato	10.1	0.1g	2.0g
4 oz. Showstring Fries	324.0	24.3g	4.1g
2 oz. Field Greens Lettuce Mix	40.0	2.7g	4.0g
7 oz. Tuna Salad	344.8	19.7g	13.9g
1 Pita Bread	170.2	1.7g	35.2g

**S A U L G O O D**

*Restaurant & Pub*