

Garlic Cheese Bread

Two (2) – 6 oz. servings (total menu item: 12 oz.)

NUTRITIONAL INFORMATION

Per Serving / 6 oz.

Calories 620 **Calories from Fat** 410

	Amount	% Daily Value
Total Fat	46g	70%
Saturated Fat	15g	76%
Trans Fat	5g	
Polyunsaturated Fat	5g	
Monounsaturated Fat	0g	
Cholesterol	60mg	20%
Sodium	1090mg	45%
Total Carbohydrate	32g	11%
Dietary Fiber	1g	6%
Sugars	2g	
Protein	22g	45%
Vitamin A		30%
Vitamin C		0%
Calcium		50%
Iron		6%

**Percent Daily Values are based on a 2,000 calorie diet*

Ingredients (per menu item)	Cal	Fat	Carbs
1 oz. Garlic Parmesan	47.2	1.6g	6.3g
2 oz. Margarine	202.5	22.3g	0.0g
4 oz. Cheddar/Jack Cheese	222.8	18.2g	2.0g
1 pinch Parsley (chopped)	0.0	0.0g	0.0g
3-1/2 oz. Hoagie	143.8	3.6g	23.7g

S A U L G O O D

Restaurant & Pub