

Steak & Bleu Cheese Salad

One (1) – Serving (total menu item: 16 oz.)

NUTRITIONAL INFORMATION

Per Serving / 16 oz.

Calories 858.21 **Calories from Fat** 331.01

	Amount	% Daily Value
Total Fat	66.34 g	73%
Saturated Fat	17.11 g	65%
Trans Fat	.88 g	
Polyunsaturated Fat	2 g	
Monounsaturated Fat	10 g	
Cholesterol	117.51 mg	24%
Sodium	1638.92 mg	90%
Total Carbohydrate	74.5 g	7%
Dietary Fiber	6.19 g	20%
Sugars	42.60 g	
Protein	44.94 g	76%
Vitamin A		80%
Vitamin C		70%
Calcium	261.67 g	25%
Iron	3.43 g	20%

**Percent Daily Values are based on a 2,000 calorie diet*

Ingredients (per menu item)	Cal	Fat	Carbs
4 oz. Steak	164.43	7.21 g	
3 oz. Harvest Blend Lettuce	25.01		4 g
1 1/2 oz. Bleu Cheese Crumbles	150.11	12.22 g	1 g
1 oz. Balsamic Glaze	6.4		1.3 g
2 oz. Balsamic Dressing	65.20		13 g
3 oz. Shallot Blossom	61.23	.09 g	14.29 g
2 oz. Cabbage Crunch	18.81		3.98 g
2 oz. Hungarian Sweet Pepper	151.20	.10 g	37.8 g
2 oz. Cheese Bread Stick	155.20	2.90 g	26.7 g

S A U L G O O D

Restaurant & Pub