

Saul's Margherita Flatbread & Pizza

Flatbread – One (1) / 12.75 oz. serving

Pizza – Two (2) / 12.75 oz. servings

NUTRITIONAL INFORMATION

Per Serving / 12.75 oz.

Calories 700 **Calories from Fat** 290

	Amount	% Daily Value
Total Fat	34.2g	53%
Saturated Fat	14g	70%
Trans Fat	0 g	
Polyunsaturated Fat	0 g	
Monounsaturated Fat	0 g	
Cholesterol	85mg	28%
Sodium	913.4mg	38%
Total Carbohydrate	69.3g	23%
Dietary Fiber	4.6g	18%
Sugars	4.3g	
Protein	25.5g	
Vitamin A		14%
Vitamin C		18%
Calcium		1%
Iron		33%

Percent Daily Values are based on a 2,000 calorie diet

Ingredients (per menu item)	Cal	Fat	Carbs
4 oz Pizza Crust	332.0	3.9g	61.4g
1 oz. Arabiata Sauce	39.0	1.2g	6.5g
3 oz. Tomato	15.3	0.2g	3.3g
1 oz. Rosemary Oil	117.6	13.7g	0.01g
3 oz. Fresh Mozzarella Balls	226.8	17.0g	2.8g
½ g Fresh Basil	0.3	0.0g	0.03g
½ oz. Balsamic Vinegar Reduction	0.0	0.0g	0.0g

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