

Mac & Cheese

One (1) – 13 oz. serving

NUTRITIONAL INFORMATION

Per Serving / 13 oz.

Calories 991 **Calories from Fat** 421

	Amount	% Daily Value
Total Fat	46g	70%
Saturated Fat	23g	116%
Trans Fat	0.3g	
Polyunsaturated Fat	0 g	
Monounsaturated Fat	0 g	
Cholesterol	109mg	36%
Sodium	1033mg	43%
Total Carbohydrate	109g	36%
Dietary Fiber	4g	16%
Sugars	11.7g	
Protein	34.6g	
Vitamin A		0%
Vitamin C		0%
Calcium		16%
Iron		20%

Percent Daily Values are based on a 2,000 calorie diet

Ingredients (per menu item)	Cal	Fat	Carbs
8 oz. Penne Pasta	425	2.0g	85.0g
2 oz. Cheddar Jack Cheese	222.8	18.2g	2.0g
1 oz. Ritz Cracker Crumbles	147	8.4g	16.8g
2 oz. Mac & Cheese Sauce	195.7	17.0g	4.9g

SAUL GOOD

restaurant & pub